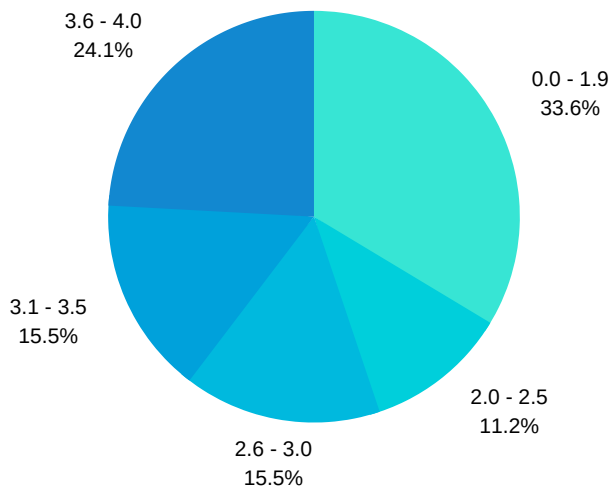


THE SSS SCOOP

THE OFFICIAL NEWSLETTER OF TRIO SSS AT EGCC



TRIO SSS students and staff enjoying the new Mocha House location at the Youngstown Campus. Pictured are Nicole Rodriguez, Jayhannys Nazario Rivera, Jolene Bennett, Brittany Crosio, and Roxanne Bohach of Career Services



Fall 2019 GPAs of Current SSS Students

**Based on 2019-20 TRIO SSS Cohort*

TRIO SSS is 100% federally funded by the U.S. Department of Education. The 2019-20 award is \$265,300.

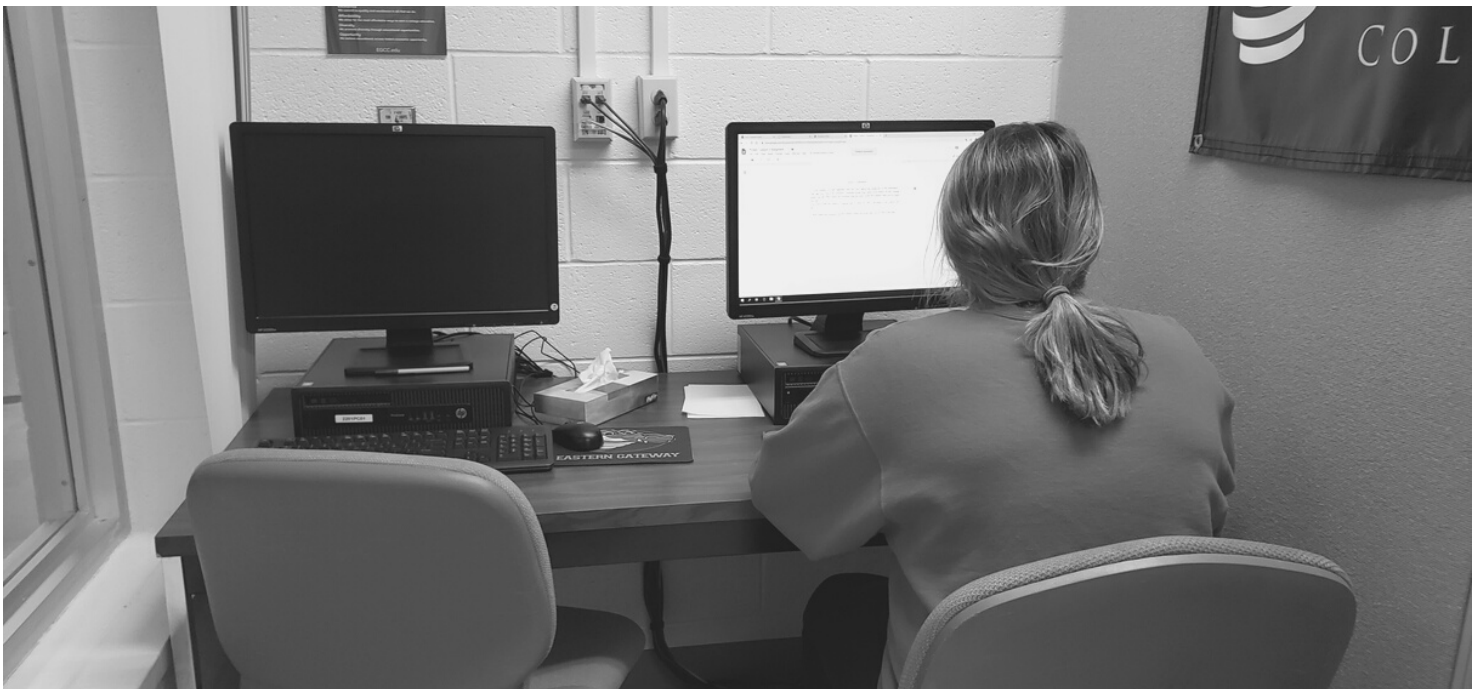
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SSS students can use the computers in the Steubenville office to receive assistance with their online classes or work on assignments.

Director's Corner

New Year Optimism

A new year is an opportunity. A new year is a do-over. I love the start of a new year! And, I hope that you have started the Spring semester with a positive outlook, looking forward to another productive semester. Your contribution to that "new year energy" will set the course for entire year...well, at least the entire semester. Start strong and you won't go wrong.

Here are some things you can try that might propel you towards a more positive academic year and a more enjoyable college experience:

- Learn something new - Podcasts are great source of useful information
- Apply for financial aid or scholarships - search for local community organizations, businesses, and civic groups that offer scholarships and always check with EGCC's Financial Aid office
- Participate more during class - Many times, professors will include information on the exam which was discussed during the class but not mentioned in the assigned reading.
- Get more involved outside of classes - Campus activities can change your entire college experience! These activities will look amazing on your resume after you graduate.
- Set daily personal goals - try setting more specific goals relating to the people and habits in your own life.

Faculty Features

**Tracy
Miller**



Medical Assisting

Henry: How did you decide to study Medical Assisting and Healthcare Administration? And, when did you know you wanted to be a college professor?

Miller: I grew up in a small town and after high school decided to go to a "big city" to go to college. I quickly learned that environment was just not for me and I found myself overwhelmed and homesick. I came back home and decided I needed to go to the local community college and get some general education courses done while I decided what I wanted to major in and what I wanted to do. Thanks to the staff and faculty who invested in students, they worked with me and

helped me learn more about myself which led me to realize the medical field was where I wanted to focus. My instructors cared so much about my success and took time with me. It always felt like I was their only student and I never felt rushed or just a number. It was my experience as a student and a manager in a medical office, where I had the opportunity to work with medical assisting students on clinical experience, that made me realize I wanted to teach people about the medical field. I started as an adjunct professor in Medical Assisting and now am the program director for Medical Assisting, Patient Home Navigator, and Healthcare Administration.

Henry: Have you ever had any other jobs besides teaching college and what were they like?

Miller: I have been a Certified Medical Assistant for over 25 years and have worked as a clinical and administrative medical assistant. I also have been a practice manager for a multi-specialty, multi-location physician practice. All of those experiences really are the basis for the love I have for teaching students about the medical field. It gives me the ability to relate real-world experiences to students.

“
Every student is different and every student has a unique learning style.
”

Henry: How do you define good instruction in a community college setting?

Miller: Good instruction to me is students succeeding and changing their lives. When students graduate, begin to work in the field, and decide that education is a life-long journey because we never stop learning, this excites me because I know I taught them to have a passion for their field and never stop learning.

Henry: How do you adjust your style to the less-motivated or under-prepared student?

.....
Good instruction to me is students succeeding and changing their lives."
.....

Miller: Every student is different and every student has a unique learning style. I think it is important to get to know my students and be flexible. I try to engage each student so they can teach me about how they learn best and their goals. It is important for the student and the teacher to be a team.

Henry: What do you see as the major challenges of this role and how do you meet them?

Miller: One of the challenges as an instructor is trying to be flexible to how each student learns while working within a set curriculum calendar. Not all students learn at the

“
...often community college students have things that can interfere with their overall success
”

same rate but we have to get a set number of objectives completed within a set number of days, weeks, or months.

Henry: What do community college students need most from their instructors?

Miller: I think support and positive reinforcement letting them know they can be successful in their goals. Instructors need to be familiar with resources for students as often community college students have things that can interfere with their overall success.

Henry: What about your role brings you joy?

Miller: Students being successful and excited for their career. I never grow tired of hearing from former students and learning about their careers and if they have decided to continue their education. I also love to see current students get excited about the medical field and bring in real world examples and current events to discuss in class.

Carissa Henry interviewed Tracy Miller via email.

end interview



Student Spotlight

Luke Gescheider is an Information Technology major. He will graduate in May 2020. He was accepted into TRIO SSS in Fall of 2018.

TRIO SSS has helped me ... by providing expert guidance in how to best conquer college. They've given me access to numerous sources of both financial and mental wellness aids.

The best thing about TRIO SSS ... is how it helps individuals who might otherwise simply abandon investing time in college before it even really starts.

Thank you TRIO SSS for ... helping me and so many other students to navigate the perilous waters of higher education.

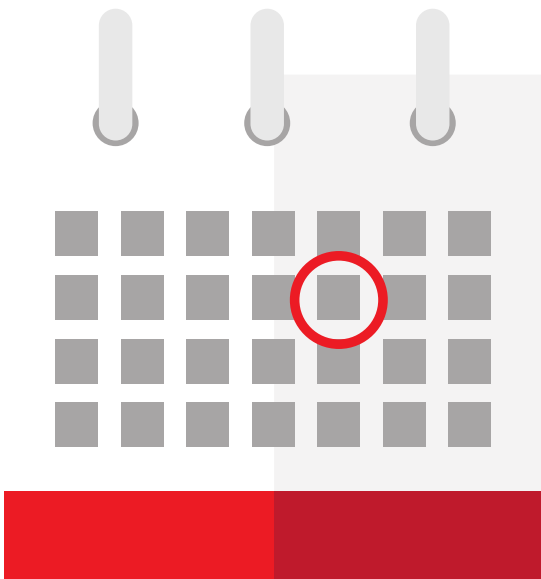
In the last year, I am most proud of ... not giving up even on classes that rip my mind to tiny pieces and stretch my tolerance beyond its limits. I'm proud that I've pushed through, and I'm looking forward to finishing this semester knowing I could have quit at any time and deliberately chose not to.



Luke Gescheider

“...I'm looking forward to finishing this semester knowing I could have quit at any time and deliberately chose not to.”

Important Dates



February 5

- Last Day to Drop Middle 8 Week Classes

February 17

- College Closed for President's Day

February 18

- Last Day to Withdraw From First 8 Week Classes

February 28

- Last Day to Withdraw From Middle 8 Week Classes

Meet Stacy Boston

TRIO SSS has a new Academic Counselor/ Program Coordinator on the Steubenville Campus!



Stacy Boston

Stacy Boston started with the TRIO SSS program as an EGCC student and has come full circle to become the Academic Counselor / Program Coordinator in Steubenville. Her office is in Room 1509.

Stacy earned a Bachelor's degree in Social Work from Bethany College and is pursuing a Master of Social Science from Case Western Reserve University.

Stacy can be reached at ext. 1787 or sboston@egcc.edu

Transfer Info Sessions

EGCC Transfer Office Offers Free Information Sessions

Are you thinking about transferring to a university after EGCC? Not sure what you want to do, where you want to go or even how to go about transferring? We can help! The EGCC Transfer Office is providing 6 transfer information sessions progressing from general Transfer Talks to Partners & Pathways with university representatives. Each session will be 30 minutes, offered via ZOOM so you can join from your computer or phone anywhere you are at 7:00 pm EST on those dates. ZOOM links will be sent to your student email addresses the week of each session.

**Wednesday
January 29th**

Transfer Talk - General Information Session

Transfer 101. What is transfer? How do I transfer? When do I transfer? Where do I transfer? Learn more about transferring to a university.

7:00 pm

Fall Graduates

TRIO SSS is very pleased to announce that the following SSS students have graduated from Eastern Gateway Community College. Congratulations! We are so proud of you!



Lina Abdallah - Associates Degree in General Studies

Anai Bennett - Associates Degree in General Studies

Emily Fox - Associates Degree in General Studies

Gayle Koster - Associates Degree in Health Information Management

Aaron Marinacci - Associates Degree in General Studies

Tiffany Watson - Associates Degree in Nursing

Fall Transfers

TRIO SSS is very pleased to announce that the following student will be transferring to a four-year institution. We know you will be successful!



Lina Abdallah - Youngstown State University

Upcoming Activities

JOIN TRIO SSS FOR SELF CARE DAY

WEDNESDAY FEBRUARY 13, 2020

11-TREAT YO SELF

GRAB A PIECE OF CHOCOLATE TO INCREASE ENDORPHINS AND
SIP A GOURMET COFFEE WHILE YOU ARE HERE

12-A LIFE FULL OF CREATIVITY

MAKE A HAND SCRUB OR A STRESS BALL FOR YOURSELF OR
FOR SOMEONE ELSE ALSO TAKE SOME TIME TO
COLOR A COMICAL PAGE

1-LETS PLAY

JOIN OTHER TRIO SSS STUDENTS TO PLAY A JENGA
STYLE GAME THAT ASKS ABOUT YOUR
ROLE MODELS, TAPS INTO YOUR
CRITICAL THINKING SKILLS AND
LOOKS AT SELF IMPROVEMENT

**ALL EVENTS IN THE
TRIO SSS OFFICES
IN YOUNGSTOWN AND STEUBENVILLE**



CARISSA'S CORNER

Dr. Carissa Henry, Licensed Professional Counselor, M.A.P.C.C-S, D.Min.



Are Your Goals Smart?

Are you asking yourself how to get back on track with your New Year's resolutions? The acronym SMART can help you accomplish the goals that you've set out to achieve this year!

SMART is an acronym that stands for your goals being:

Specific

First, your goal should be specific. To create a specific goal ask yourself: What do you want to accomplish? Also, why is it important?

Measurable

Second, make sure your goal is measurable. This will help you track your progress, as well as stay motivated. You will be able to see how close you are to accomplishing your goal. You can look at how it is measurable by asking yourself: How will I know when my goal is accomplished?

Achievable

Third, make sure your goal is realistic and achievable. It can be a "big" goal and stretch you, but it still has to remain within reach. When looking at if it is achievable ask yourself: How can I accomplish this goal? How realistic is the goal, based on other constraints, such as financial factors?

Relevant

Fourth, make sure your goal aligns with other relevant goals. This is where you make sure that this is a goal that you actually have control over achieving. A relevant goal can answer "yes" to these questions: Does this seem worthwhile? Is this the right time? Does this match my other efforts/needs?

Time Bound

Fifth, every goal you set needs a target date. To create a time-bound goal ask yourself: When? What can I do today, six weeks and six months from now to accomplish this goal?



What is TRIO SSS?

The TRIO SSS (Student Support Services) program assists eligible EGCC students achieve their academic goals by offering services to increase college retention and graduation rates.

Who's Eligible?

- First Generation Students,
- Income Eligible Students,
- or Students with a Documented Disability

Contact Us

Steubenville: Marybeth Jones
mjones@egcc.edu
Youngstown: Tiffany Streeter
tstreeter@egcc.edu



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